**Renewing the Mind and Walking out Freedom**

(Love Life & See good days)

**Intro**

* Continuing from last week ’s -  time together - Changed by unchanging love - the essence of change involves:

Coming / Resting / Receiving / Beholding / Believing

Watch video

<https://www.youtube.com/watch?v=Y77elrPd330>

* Change yourself - never give up!

**Key Example:** The blind man who never gave up!

**Mark 10 46 - 52 Jesus Heals Blind Bartimaeus -**

***46****Now they came to Jericho. As He went out of Jericho with His disciples and a great multitude, blind Bartimaeus, the son of Timaeus, sat by the road begging.* ***47****And when he heard that it was Jesus of Nazareth, he began to cry out and say, “Jesus, Son of David, have mercy on me!”*

***48****Then many warned him to be quiet; but he cried out all the more, “Son of David, have mercy on me!”*

***49****So Jesus stood still and commanded him to be called.*

*Then they called the blind man, saying to him, “Be of good cheer. Rise, He is calling you.”*

***50****And throwing aside his garment, he rose and came to Jesus.*

***51****So Jesus answered and said to him, “What do you want Me to do for you?”*

*The blind man said to Him,* ***“Rabboni, that I may receive my sight.”***

***52****Then Jesus said to him, “****Go your way; your faith has made you well.****” And immediately he* ***received*** *his sight and followed Jesus on the road.*

* Be careful that opinions that we draw are not inspired by toxic sources

[**2 Corinthians 13:8**](https://www.biblegateway.com/passage/?search=2%20Corinthians+13:8&version=NKJV)

*For we can* ***do******nothing******against******the******truth****, but for* ***the******truth****.*

**Example of a wide receiver**

* An offensive player who is used primarily as a pass receiver.
* The opinions of the world are fickle, and rarely in line with the Lord.
* Receiving is not passive, it is OFFENSIVE i.e. taking back territory that the enemy has stolen
* The Lord’s call to us is to be the light of the world, a city set on a hill, to let our light so shine that people may see good works and glorify God in heaven.

**Proverbs 3:5-6**

***5*** *Trust in the Lord with all your heart,*

***And lean not on your own understanding;***

***6****In all your ways acknowledge Him,*

*And He shall direct your paths.*

**Philippians 4:8**

***8****Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.* ***9****The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.*

**2 Corinthians 10: 4-5**

***4****For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds,* ***5****casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ*

**Science now shows:**

* That we have the power to literally change our minds
* When you objectively observe your own thinking with the view to capturing rogue thoughts, you in effect direct your attention to stop the negative impact and rewire healthy new circuits in your brain

**Psalm 34 11-14**

***11****Come, you children, listen to me;*

*I will teach you the fear of the Lord.*

***12****Who is the man who desires life,*

*And loves many days, that he may see good?*

***13****Keep your tongue from evil,*

*And your lips from speaking deceit.*

***14****Depart from evil and do good;*

*Seek peace and pursue it.*

* The most amazing and scary thing is that **the Lord trusts us** to be his ambassadors, representatives puts his wealth of love and riches in our hands to distribute
* He has given us a way to live and a free will to choose how to live

**Deuteronomy 30:11-3,19**

***11****“For this commandment which I command you today is not too mysterious for you, nor is it far off.* ***12****It is not in heaven, that you should say, ‘Who will ascend into heaven for us and bring it to us, that we may hear it and do it?’* ***13****Nor is it beyond the sea, that you should say, ‘Who will go over the sea for us and bring it to us, that we may hear it and do it?’….*

***19****I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore choose life, that both you and your descendants may live*

* The process of thinking and choosing is the most powerful thing in the universe after God, and it is a phenomenal gift from God to be treasured and used properly.
* The basic ingredients of quantum physics are: paying attention, thinking and choosing, and consequence.  – (**Dr Caroline Leaf)**

[**Matthew 19:26**](https://www.biblegateway.com/passage/?search=Matthew+19:26&version=NKJV)

*But Jesus looked at them and said* ***to*** *them, “With men this is impossible, but with* ***God*** *all things are* ***possible****.”*

**Example of The Floating Ax Head**

**2 Kings 6:1-7**

*And the sons of the prophets said to Elisha, “See now, the place where we dwell with you is too small for us.* ***2****Please, let us go to the Jordan, and let every man take a beam from there, and let us make there a place where we may dwell.” So he answered, “Go.”*

***3****Then one said, “Please consent to go with your servants.”*

*And he answered, “I will go.”* ***4****So he went with them. And when they came to the Jordan, they cut down trees.* ***5****But as one was cutting down a tree, the iron ax head fell into the water; and he cried out and said, “Alas, master! For it was borrowed.”*

***6****So the man of God said, “Where did it fall?” And he showed him the place. So he cut off a stick, and threw it in there; and he made the iron float.* ***7****Therefore he said, “Pick it up for yourself.” So he reached out his hand and took it.*

**In Conclusion:**

* **Goal of renewing the mind**: to effect change & reflect Jesus in life

**1 Corinthians 13:12**

*For now we see in a mirror, dimly, but then face to face. Now I know in part, but then I shall know just as I also am known.*

[**Galatians 5:22-23**](https://www.biblegateway.com/passage/?search=Galatians+5%3A22-23&version=NKJV)

*But* ***the*** *fruit* ***of******the******Spirit*** *is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such* ***the****re is no law.*

**Communion**

***Colossians 1:22***

***21****And you, who once were alienated and enemies in your mind by wicked works, yet now He has* ***reconciled******22****in the body of His flesh through death,(on the cross) to present you holy, and* ***blameless****, and* ***above reproach*** *in His sight— …*

* *Let us be grateful as we partake of communion now.*