**Notes**

****November 18th. 2018**



**All the Help You Need - 4**

***“ Help to overcome difficulties”***

Welcome

The first Sunday of the Rest (Best) of your life

2018

**All the Help You Need– Part 4**

***“Help to overcome difficulties”***

**John 16:7**

*Nevertheless I tell you the truth. It is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I depart, I will send Him to you.*

**The Holy Spirit helps us in a key area…**

Thanksgiving

In the face of difficulties

**In everything give thanks?**

**I Thessalonians 5:16-18**

*16Rejoice always, 17pray without ceasing, 18in everything give thanks; for this is the will of God in Christ Jesus for you.*

‘Give thanks’ – our choice

**2 Corinthians 2:14**

*Now thanks be unto God, who always causes us to triumph in Christ,*

Adverse circumstances are designed to ‘separate’ us from a vital, sustaining relationship with Jesus.

**Paul’s Extreme example**

**2 Timothy 3:11**

*Persecutions, afflictions, which came unto me at Antioch, at Iconium, at Lystra; what persecutions I endured: but out of them all the Lord delivered me.*

**Question:**

Did Paul not have enough faith or did he have some secret sin that opened the door to satan? Or …

**‘Righteous’ people also have challenges**

**Psalm 34:17-19**

*17The righteous cry out, and the Lord hears,  
And delivers them out of all their troubles.  
18The Lord is near to those who have a broken heart,  
And saves such as have a contrite spirit.*

*19Many are the afflictions of the righteous,  
But the Lord delivers him out of them all.*

**The Holy Spirit Helps us overcome**

**Acts 16:25-26**

*About midnight, while Paul and Silas were praying and singing hymns to God as the prisoners listened, 26there was suddenly such a severe earthquake that the foundations of the jail shook; all the doors flew open, and the chains of all were pulled loose.*

**2 keys: when you are in the ‘thick of it’**

**Revelation 12:11**

*And they overcame him (the accuser / adversary) by the blood of the Lamb and by the word of their testimony,*

1. Blood of the Lamb – Jesus’ completed work: His part
2. ‘Word of our testimony’: our part.

**Final take Away & Communion**

**“Thanksgiving” should dominate our lives**

**Psalm 110:4-5**

*Enter into His gates with thanksgiving,  
And into His courts with praise.  
Be thankful to Him, and bless His name.****5****For the Lord is good;  
His mercy is everlasting,  
And His truth endures to all generations.*